Welcome to Lake Zurich Youth Lacrosse

Spring Parent Check-In Meeting April 2024



A Brief History of Lake Zurich Lacrosse Club (LZLC)

- Founded in 2009. Non-Profit organization
- Mission Statement: The Lake Zurich Youth Lacrosse is dedicated to the following: Teaching the game of lacrosse to children of varying skill levels and athletic abilities
 - General advancement of the game of lacrosse. Grow the Game!
 - Teaching and exemplifying athletic and academic excellence, honor, integrity, sportsmanship, and teamwork
- Philosophy & Goals of LZLC-Build awareness & enthusiasm for the sport of lacrosse
 - Promote local awareness and enthusiasm for the game of lacrosse
 - Encourage and promote skill development, sportsmanship, teamwork and love of the sport
 - Create, develop, and maintain age-appropriate programs designed to teach fundamental skills, player development and team concepts
 - Provide an encouraging, educational, enriching, fun, positive, and rewarding experience for athletes and parents
 - Strive to provide equal opportunity, attention and support for all participants
 - Develop a healthy, strong, and vibrant organization led by dedicated volunteers committed to creating a meaningful experience for all athletes, coaches, fans, and parents
- Sanctioned HS sport in 2018-Our continued focus is lacrosse for younger ages (Grades K-8th)



Top 3 for LZLC:

- Grow the Game
- Emphasis on sportsmanship & winning the right way
- Feeder program for our local High Schools

2024 Spring Season

Boys Teams:

League- Illinois Boys Lacrosse Association (IBLA): IBLA is a non-profit organization dedicated to providing youth lacrosse teams a league in which to competitively participate with the same rules, regulations and structure as high school leagues. 4 age groups, 43 programs, 175+ teams & 3,500 participants

- Senior Night at LZHS- Wed, May 8th (6:30 PM) Join the LZHS Boys Varsity Lacrosse Team on Senior Night. Players will walk out on the field with the team, have some fun with warm-up and pregame prep, and cheer on our LZHS Bears from the stands.
- Spring Showdown Tournament- Saturday, May 11th- Boys 12U & 14U and potentially 8U (TBD)
- IBLA End of Season Games/Playoffs

IBLA All-Star Game- Friday, May 31st
IBLA Playoffs: Saturday & Sunday, June 1st - 2nd

Girls Teams:

League-Illinois Lacrosse League (ILL): The Illinois Lacrosse League (ILL) is the most established Girl's youth lacrosse league in Illinois. The goal of the ILL is to provide an outstanding lacrosse experience for every player in every season. #GrowtheGame!

- Senior Night at LZHS- Wed, April 24th (4:45 PM) Join the LZHS Girls Varsity Lacrosse Team on Senior Night. Players will walk out on the field with the team, have some fun with warm-up and pregame prep, and cheer on our LZHS Bears from the stands
- Spring Showdown- Saturday, May 11th
- Prairie State Games- Saturday, May 25th



What to Expect & How You Can Help

- Continuously focused on coaching
 - Training/certification available through US Lacrosse & Positive Coaching Alliance
 - Parent Coaches always welcomed! No lacrosse experience required
 - Goalie Clinics- Friday(s) with a professional/technical goalie coach
 - Starting April 19th. 5 sessions dedicated to our goalies (Boys & Girls)
- In-season Tournaments:
 - Spring Showdown (Saturday, May 11th): Boys & Girls
 - Prairie State Games (Saturday, May 25th) Girls Only
- Game Day Reminders
 - Home Field- Hawthorn Woods Community Park
 - Home Field Setup/ Volunteers Needed: Scorekeeper, concessions (snacks/drinks), setup/breakdown
 - Positive Coaching & Positive Sidelines
- TeamSideline App- Mark player's game attendance
- Team Parents- Lanyards, snacks, end of season party



Volunteers Needed- Team Parents, Communications, Secretary, Co-Treasurer, Fundraising, Equipment Manager

Key Reminders:

- **Team & Individual Photos:**
 - Photos taken during practice. Please arrive by 5:15 to ensure pictures can start at 5:30 PM
 - Wear jersey and black shorts
 - Boys: Thursday, April 25th
 - Girls: Monday, April 29th
- Fundraising Opportunities Coming Soon:
 - Lou Malnati's Frozen Pizzas (April/May)
- Summer Camp- Save the Dates. Registration opening by 4/30/2024
 - 2-week camp (8 sessions)
 - Mon- Thurs. evenings @ HWCP
 - July 8th-18th
- Spirit Wear Store- Open & Refreshed Gear (Always On) https://lzlacrosse.com/store/















Champion Double Dry Action





You've Got Questions...

We've Got Answers

